

# Pharmacy



Pharmacists are highly trained experts and fully qualified to give health advice on a range of health issues including:

- Aches and pains
- Colds and flu
- Eye care
- Hay fever
- Skin or mouth problems
- Allergies
- Ear care
- Headaches
- Stomach aches
- Head lice

If you need urgent repeat medication, you should contact NHS 111 who will arrange for you to collect your medication from a local pharmacy.

Search NHS choices for your nearest pharmacy:

**[www.nhs.uk](http://www.nhs.uk)**





# Bairns under the weather?

If your child is unwell or has an infection,  
you should contact your GP practice as  
they will offer you same day support.

You can also search 'NHS child health' and  
download the free app.

Find out more at [urgentoremergency.co.uk](https://www.nhs.uk/urgentoremergency)



# Think you need medical help right now?

**Help us to help you get the right medical attention urgently.**

Our fully trained advisors are available 24 hours a day and can put you in touch with healthcare professionals.



# Need to see a GP?



## Ring your GP surgery

Monday - Friday, 8am - 6.30pm.



## More appointments available

Gateshead Extra Care Service now provide additional appointments with local GPs and nurses.

This service offers pre-bookable appointments for patients who require urgent attention at Central Gateshead Health Centre and Blaydon Primary Care Centre.

**8am - 8pm: Monday – Friday**

**9am - 2pm: Saturday – Sunday**

Contact your GP practice to book an appointment.

## Ring NHS 111



When your practice is closed between 6.30pm and 8am, at the weekend and on public holidays.

If you have an urgent medical concern, you can call NHS 111, where health advisors will ask you a series of questions about your condition and where appropriate, book an appointment with a GP. This could be a telephone assessment, a face-to-face appointment at a treatment centre or a home visit.



## What do I do if I have a minor injury?



Between 8am and 8pm, 365 days a year you can go to a walk in centre at:

**Molineux Street, NE6 1SG**

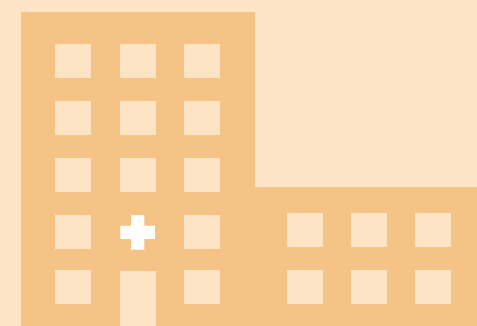
**Ponteland Road, NE5 3AE**

**Westgate Road, NE4 6BE**

Walk in services are also available at the **Lemington Centre, NE15 8RZ**

Monday, Tuesday, Wednesday (8.30am – 12.00)  
and Friday (1.00 - 4.30pm)

If you have an urgent medical concern, you can also call NHS 111.



## Minor injury



Examples of minor injuries are:

- Sprains and strains
- Broken bones
- Wound infections
- Minor burns and scalds
- Minor head injuries
- Minor eye injuries
- Insect and animal bites



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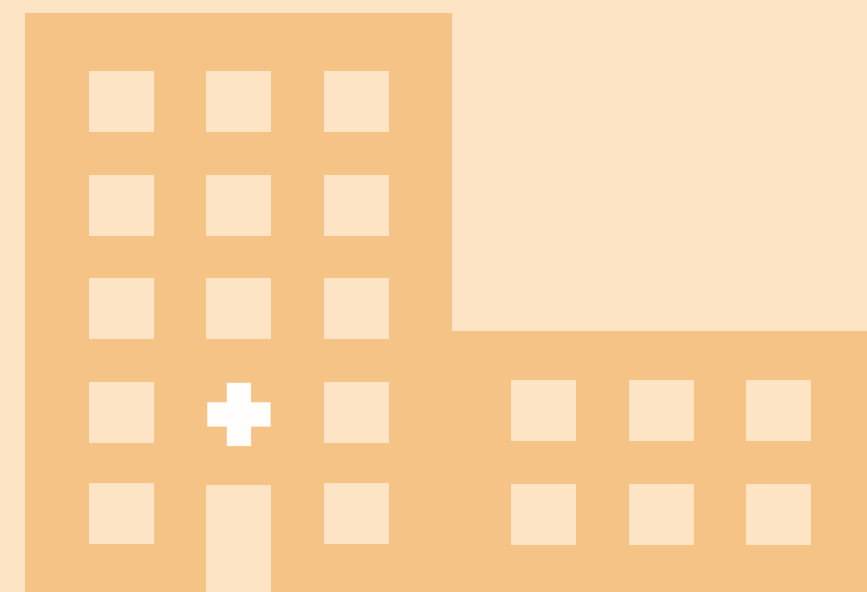


Between 8am and 10pm, 365 days a year, you can go to the walk-in centre at:

**Blaydon Primary Care Centre,  
NE21 5NW**

or the urgent treatment centre co-located in the  
**Emergency Care Centre,  
Queen Elizabeth Hospital,  
NE9 6SX**

If you have an urgent medical concern, you can also call NHS 111.



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